**Snacks: Campus Dining**

Healthy snacks help to maintain blood sugar preventing the swings that affect concentration and mood. Eating snacks throughout the day can prevent you from over eating at meal times.

### North Campus
- **Curl Market**
  - Cottage cheese with pineapple
  - Customized yogurt parfait
  - Sliced apples and peanut butter
  - Berry and grape cup
  - Veggie cup
  - Lentil pasta

- **Scott Traditions**
  - Sweet potato cilantro hummus and carrots *(Solutions)*
  - Kale and quinoa salad *(Salad bar)*
  - Chopped Thai salad *(Mongolian station)*
  - Veggies with Italian dressing *(Salad bar)*

### South Campus
- **Marketplace**
  - Greek yogurt with mixed berries & shredded coconut
  - Garden vegetable soup
  - Four bean salad

- **12th Ave Bread Co.**
  - Spinach orzo salad
  - Yogurt parfait
  - Chipotle Verde salsa & corn tortilla chips

- **Kennedy Traditions**
  - Black bean and zucchini quesadilla *(Solutions)*
  - Cottage cheese with grape tomatoes *(Salad bar)*
  - Fresh cut fruit *(Salad bar)*
  - Tofu scramble *(Breakfast station)*

### Central Campus
- **Oxley’s by the Numbers**
  - Veg Mediterranean hummus wrap
  - Berry cup
  - House salad

- **Mirror Lake Creamery**
  - Banana & chocolate milk
  - Roasted red pepper soup
  - Veggie cup

- **Union Market**
  - Chili
  - Hummus with pita & vegetables
  - Grapes & cheese
  - Build your own salad
  - Pistachios & orange
  - Fresh fruit cup

### West Campus
- **Courtside Café**
  - Warm grain & vegetable wrap
  - Popcorn
  - Cashews
  - Lentil pasta
  - Fresh whole fruit: apples, bananas, and pears

- **Morrill Traditions**
  - Baked sweet potato
  - Kale salad
  - Cauliflower tabbouleh

- **Juice 2**
  - Tropical green smoothie with soy protein
  - Hummus and veggies
  - Fresh fruit salad
  - Popcorn and apple
  - Berry cup

### Granola & Protein Bars
- Kind Bar
- Fiber One
- Cliff Bars
- Nature Valley
- Powerbar Nut Naturals
- Good Greens Bar
- Luna Bars
- Nutri-Grain Bar
- Fruit infused water
- Skim milk
- 100% fruit juices
- Dasani drops

### Drinks
- Green tea
- Soymilk
- Almond milk

### C-Store
- Tuna and Cracker Packs
- Pistachios, Almonds, Peanuts, & Sunflower Seeds
- String Cheese Sticks
- Pretzel Crisps
- Greek Yogurt
- Popcorn
- Baby Carrots
- Dried Fruit (Raisins and Cranberries)
- Hummus with Pita
- Fresh Fruit (Bananas, Apples, Oranges)