

# **Red Zone Micro Session #3:**

## **Bystander Engagement**

### **Leading with Hope for a Violence-Free Future**

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**THE OHIO STATE UNIVERSITY**

OFFICE OF STUDENT LIFE



# Upcoming Red Zone Programming

## Red Zone Micro Series

Every Thursday until October 10<sup>th</sup>  
Zoom Webinar

\* Previous sessions posted to the website for on-demand watching

## Silent Disco Party

October 22, 2024  
7 - 10 PM

Ohio Union Performance Hall



**Scan QR code to  
get Registration  
Links + Info!**



# Our Goals for Red Zone Programming

- To equip and empower all students, faculty and staff
- To promote campus-wide collaborations and partnerships
- To ensure that all campus locations have adequate support resources and information
- To increase efforts to create a safer and more violence-free culture at Ohio State



# Learning Objectives



By the end of this micro session, staff & faculty will:

1. Become aware of and understand the Bystander Effect
2. Be introduced to the D's of bystander intervention education
3. Start to appreciate the impact their influence will have on spreading bystander intervention
4. Receive information and resources to delve deeper and become an active bystander



# What is the "Red Zone"?



# The Red Zone, Defined

## The Red Zone is...

a period from **the beginning of orientation till the start of winter break** when over 50% of campus sexual assaults occur, with particular risk from the start of move-in to the beginning of Thanksgiving break.



**OHIOHEALTH**  
**SARNCO**  
Sexual Assault Response Network of Central Ohio



# Has sexual violence impacted your life or someone you know?

## **SARNCO offers free, confidential, independent assistance to anyone on campus impacted by sexual violence.**

Our Ohio State University office serves to OSU students, staff, faculty and visitors:

- Confidentiality
- Crisis response
- Emotional support and listening
- Support with protection orders
- Safety planning
- Connection to vital resources
- Support with Title IX sexual misconduct procedures



**We're here to help. Scan the QR code to contact us today.**





# The Bystander Effect



## **Bystander Effect // Bystander Apathy From A Psychology Today Article**



### **Diffusion of Responsibility**

"The more onlookers there are, the less personal responsibility individuals feel to take action."

### **Social Influence**

"Individuals monitor the behavior of those around them to determine how to act."



## Inspiring Words of Wisdom



PROFESSIONAL  
**TROUBLEMAKER**  
with LUVVIE AJAYI JONES

”

When you see something  
that is not right  
and not good,  
**YOU HAVE TO BE  
ACTIVE AND DO  
SOMETHING ABOUT IT.**

- Tarana Burke

*Activist, Advocate, Founder of Me Too Movement*



# **Bystander Engagement**

# **The Method**



## The Four D's

How to help someone who is being harmed...

# BE AN ACTIVE BYSTANDER

**1** Observe the situation.

*take a breath*

**2** Assess the situation for safety.

*take a breath*

**3** Which strategy you'll use: Direct, Delegate, Distract, or Delay?

*take a breath*

**4** Act.



## The Fifth D

### **Document**

Documenting is a fifth option to consider. If you choose to document, the best case is to provide the video and/or images to the victim and let them decide what to do with the media.



# HOPE



# LEADERSHIP





# ALLYSHIP



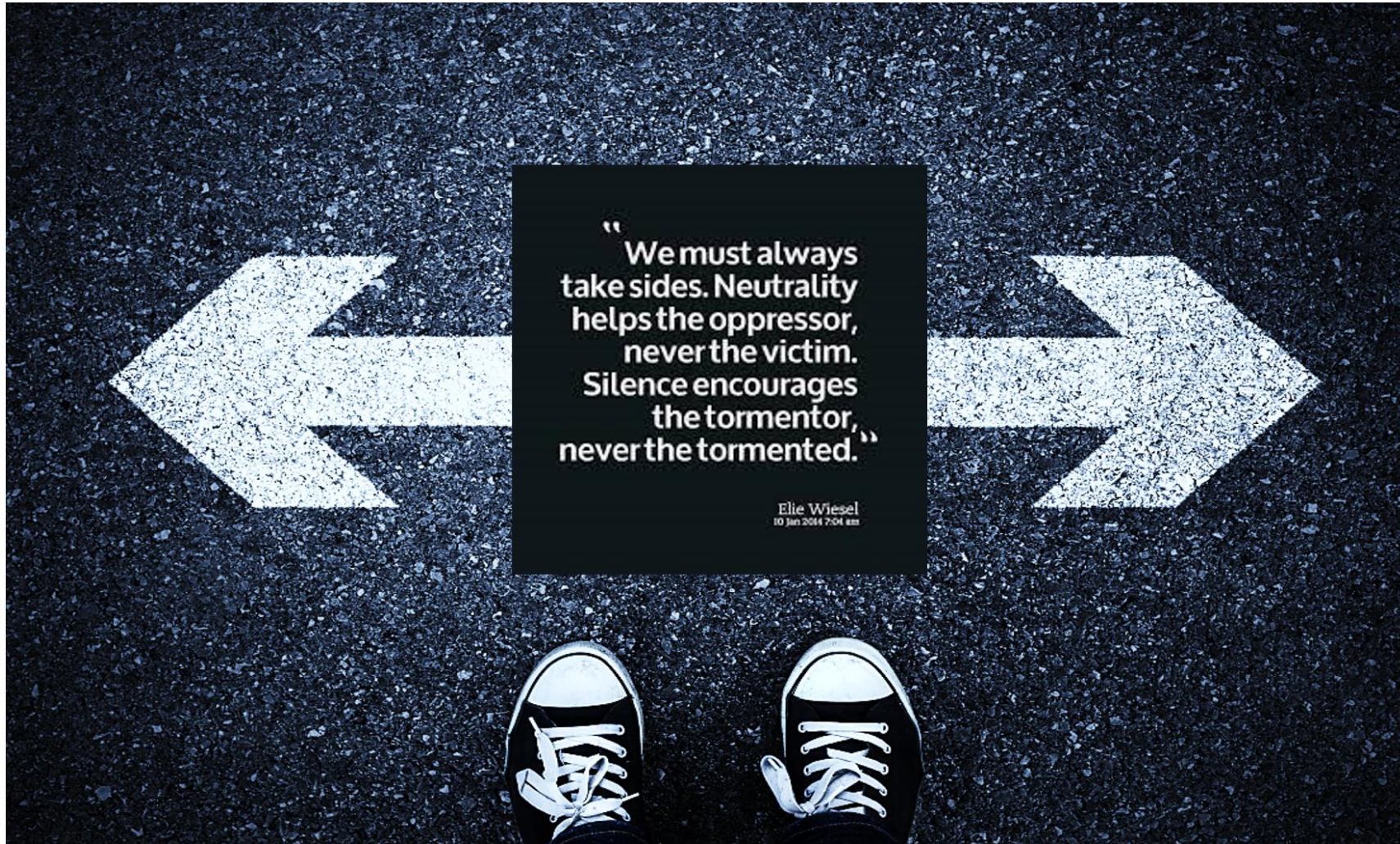
# COMMUNITY



# The Four D's: Review









# A Call to Action

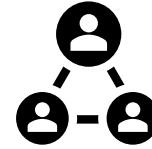




## Be A Red Zone Support Champion!



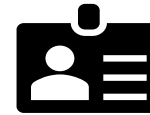
Post the link to Red Zone website or the program flyer in your online platform where you mainly communicate with students



List the SWC as a resource for more information on this topic



Talk about the information you learned at this micro session with students



Share SARNCO & The Office of Institutional Equity contact info with students



Attend upcoming micro sessions that cover a range of topics specific to your role as staff + faculty



Provide extra credit for students attending an event



Invite SWC & SARNCO into your classroom to talk about bystander intervention, sexual violence prevention, healthy relationships



# Statewide & Other Resources



[Ohio Alliance to End Sexual Violence](#)

[Ohio Department of Health Prevention Resources](#)

[SARNCO \(Franklin County's Rape Crisis Center\)](#)

[Ohio Sexual Violence Helpline \(find a rape crisis center in Ohio\)](#)

[Shattering the Red Zone – PAVE](#)

[Rape and Incest National Network](#)

[It's On Us](#)

[Join One Love](#)

[Love Is Respect](#)

[National Sexual Violence Resource Center](#)



# Campus Resources





Office of  
**Institutional Equity**

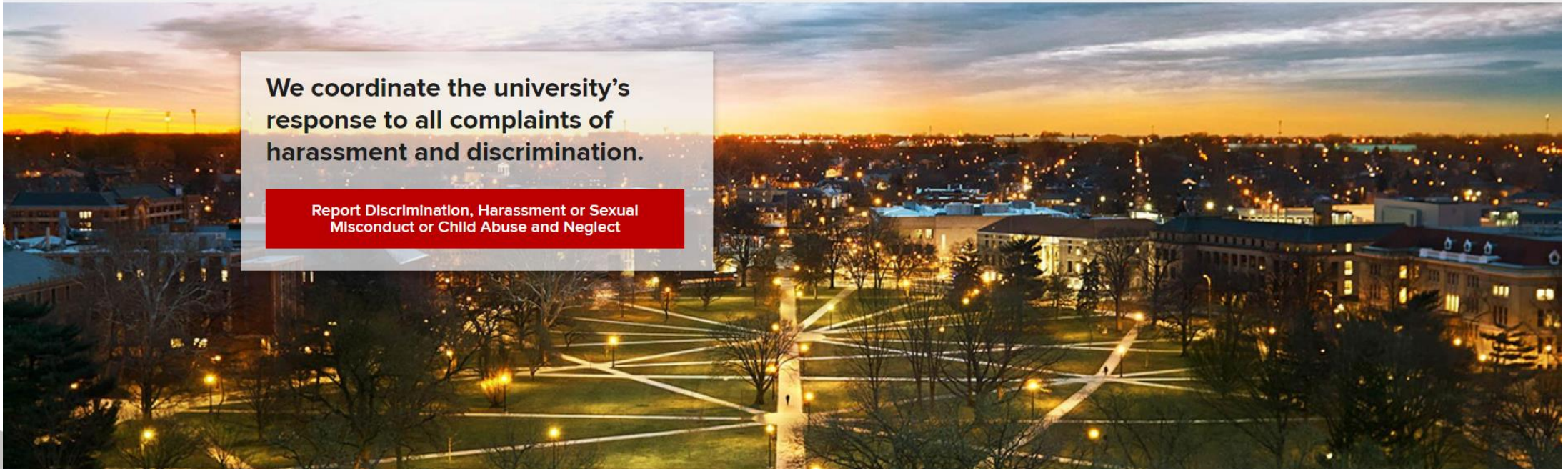


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- [Education and Resources](#) ▾
- [Reporting](#) ▾
- [Resolutions](#)



**We coordinate the university's  
response to all complaints of  
harassment and discrimination.**

**Report Discrimination, Harassment or Sexual  
Misconduct or Child Abuse and Neglect**



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# Your Feedback Matters



Visit [go.osu.edu/swcpresentation](https://go.osu.edu/swcpresentation) or Scan our QR code





# Thank You

Student Wellness Center  
RPAC Room B130



[@OSUwellness](#)

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