



## **Organization Wellness Advocates Facilitator Position Description**

The Organization Wellness Advocates (OWA) Program is a grant-based program for registered student organizations who want to intentionally learn about and incorporate wellness practices into their organization and to benefit their members. Upon completion of a three-part wellness training curriculum and approved wellness initiative proposal during the fall of 2024, student organizations will gain access to a stipend in order to fund their proposed wellness initiative during the spring of 2024.

To support this program initiative, the Student Wellness Center is seeking 5 students who want to serve as peer facilitators. The Organization Wellness Advocates facilitator position is a year-long commitment. During the first half of the autumn term, student advocates will participate in training to build facilitation skills and learn wellness content. In the second half of the semester, advocates will have weekly planning sessions with the graduate assistant overseeing the program and then facilitate 3 large group wellness trainings with the student organization representatives who are participating in the program.

Additionally, each facilitator will be partnered with 2-4 organizations who are participating in the program to serve as a mentor as they work to address a wellness challenge in their organization and complete their proposal for a wellness initiative that will take place in the spring. They will be asked to check in with them 3 times during the Autumn semester. In the spring, student advocates will have more structured time with the organizations they mentor and support the implementation of the organization's proposed wellness initiative.

**Commitment:** 5 hours per week throughout the 24-25 academic year

**Compensation:** \$13.65 hourly wage

**Required Qualifications:** Must be an Ohio State undergraduate or graduate level student during the 24-25 academic year. Primary position responsibilities are expected to fall during afternoon and evening hours, with the occasional weekend shift or training. Successful candidates are expected to attend all facilitator training sessions and all scheduled facilitations; however, we acknowledge that applicants for this position are students first and will provide flexibility with scheduling as the role allows.

Although no previous experience or knowledge is expected or required, an ideal candidate will be interested in further developing the following skills:

- Group facilitation
- Public speaking / presentation development
- Curriculum design and implementation
- Health education and behavior change
- Peer education and mentorship

[Applications](#) are due September 27<sup>th</sup> at 11:59 pm