Snacks: Campus Dining

Snacks offer nutritional value and can help to supplement your food intake throughout the day to keep your energy and concentration levels up, and can prevent you from overeating at meal times.

**North Campus**
- **Curl Market**
  - Fresh fruit salad
  - Grape & berry cup
  - Grape & cheese cup
  - Hummus cup
  - Veggie cup
  - Yogurt parfait

**Scott Traditions**
- Kale & quinoa salad *(Salad bar)*
- Hummus and carrots *(Solutions)*
- Veggies with Italian dressing *(Salad bar)*
- Yogurt and fruit
- Black bean soup *(when available)*

**Central Campus**
- **Oxley’s by the Numbers**
  - Fruit
  - Garden vegetable soup
  - Grape & berry cup
  - Power green salad

- **Café Operations**
  - Apple slices w/ peanut butter
  - Roasted red pepper soup
  - Veggie cup

**Union Market**
- Veggie Cup
- Chili
- Grapes & berry cup
- Grapes & cheese cup
- Hummus box
- Fruit cup
- Brown rice vegetable rolls

**West Campus**
- **RPAC**
  - Acai & mixed berry bowl
  - Apple slices w/ peanut butter
  - Apples, bananas, oranges
  - Carrot or cucumber cup
  - Fruit
  - Grape & berry cup
  - Hummus Bento Box
  - Nutrition bars

**Morrill Traditions**
- Baked sweet potato
- Kale salad
- Fresh fruit

**Nutrition Bars**
- Cliff Bar
- Fiber One
- KIND Bar
- Good Greens Bar

**Nature Valley**
- Luna Bar
- Nutri-Grain Bar
- Quest Bar

**Drinks**
- 100% fruit juice
- Core Power Protein Shake
- Latte with milk
- Milk

- Soymilk
- Tea with milk
- Tropical green smoothie with soy protein

**C-Stores**
- Baby carrots
- Balanced Breaks
- Beef jerky
- Chex Mix
- Dried fruit (raisins and cranberries)

- Fresh fruit (bananas, apples, oranges)
- Hummus with pita
- Greek yogurt
- Nutrition bars
- Nuts (i.e. almonds, peanuts, pistachios)

- Sunflower seeds
- Popcorn
- Pretzels
- String cheese
- Tuna salad with crackers